

MATTHEW

10 : 31

**A Deeper
Dive**

Here's a deeper dive into Matthew 10:31...

In it, Jesus says:

“So don't be afraid; you are more valuable to God than a whole flock of sparrows.”

The Setting

This verse comes from a moment when Jesus is preparing His friends to go out into the world and do good — to teach, heal, and help people. He knows they might feel nervous or small.

So He points to something simple:

Birds.

Just before this verse, Jesus says that not even a small sparrow falls to the ground without God noticing.

Then He says: *You are more valuable to God than a whole FLOCK of sparrows.*

Why That Matters

Jesus reveals something important about God in this verse:

He cares about sparrows.

Sparrows are tiny. Ordinary. Easy to overlook. Yet Jesus says God SEES them.

That means:

- Creation matters
- Small creatures matter
- Nothing is invisible to God

And if God sees and cares for small birds, how much more does He care for you — *and your children?*

What This Verse Teaches Families About God

Matthew 10:31 tells us three big things about God:

1. God is attentive.

He notices the small things — falling birds and anxious hearts.

2. God values life.

If sparrows matter, then ecosystems matter. Habitats matter. The natural world matters.

3. Human beings have special worth.

Not because we are better than other living things — but because *we are made to reflect God's character in the world.*

In the Bible's story of creation, humans are caretakers. Garden tenders. Stewards.

Raising children who protect, nurture, and contribute to the world around them is a continuation of the creation story.

What This Verse Teaches Children about God

When you read the words Jesus spoke in Matthew 10:31 to children, you're teaching them:

- You are not invisible
- You are deeply valued
- You don't need to live in fear

And children who grow up feeling loved are freer to love others well.

They can:

- Stand up for what's right
- Care for animals and the Earth
- Live with hope and a purpose

Because they know they are part of something bigger than themselves.

A Simple Way to Talk about This With Kids

Next time you see a bird, you might say:

"Jesus said God sees even the smallest sparrow. And He sees you too. You are so precious to Him and to me."

That kind of connection brings faith home to the heart, helping children feel seen, known and loved.

And when you feel loved, you are free to go into the world, reflecting the light of Jesus — bravely, gently, and faithfully.

*This teaching was generated in part using AI.

While AI is an incredible resource that is capable of many wonderful things, it is imperative to test everything you read or hear about God, Jesus, and the Holy Spirit against the Bible.

If you're not familiar with reading the Bible, a children's version is a great place to start!

These are a few our family has enjoyed reading together over the years:

- [The Beginners Bible: Timeless Children's Stories](#) (ages 2-6)
- [The Jesus Storybook Bible: Every Story Whispers His Name](#) (ages 4-8)
- [Brave Girls Bible Stories](#) (ages 5-9)
- [The Adventure Bible: God's Redemptive Story](#) (ages 8+)

The Bible I read (and highly recommend!) is the [NLT Life Application Study Bible](#), which provides contextual information on things like customs and culture, as well as biographies, maps and summaries. It also connects prophecies made in the Old Testament to the fulfillment of them in the New Testament through the life, death and resurrection of Jesus Christ.

To receive a free Bible, visit your local church, library, or thrift store, or [order one online here](#).

If you prefer to read online, there are countless Bible apps to choose from.

I often use [Biblehub.com](#) when looking to compare different translations of the same verse and, when looking to dive deeper into a particular topic (or verse), I visit [GotQuestions.org](#).

For example, I did a quick internet search for the phrase, "Got Questions Matthew 10:31" and found the following informative article, titled "[Why does Jesus say we are worth more than many sparrows?](#)"

The ULTIMATE source of knowledge and wisdom is - without a doubt! - the Holy Spirit, which we receive by the grace of God when we claim Jesus as our Lord and Savior.

If you have not yet done that, rest assured for Romans 10:9 explains:

"If you declare with your mouth, 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved."

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